

# INVITATION & REGISTRATION



**AOC 2026 Congress**

Cape Town, South Africa    31 July - 2 Aug 2026

**CAPE TOWN INTERNATIONAL  
CONVENTION CENTRE**

Friday 31 July - Sunday 2 August 2026  
2<sup>nd</sup> Biennial In-person Congress of  
the African Ophthalmology Council



AFRICAN  
OPHTHALMOLOGY  
COUNCIL



# THANK YOU TO OUR TRADE PARTNERS!

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# INVITATION FROM THE CHAIR

It is my distinct pleasure to invite you to South Africa and the city of Cape Town for the second in-person Congress of the African Ophthalmology Council from 31 July to 2 August 2026.

Building on the huge success of our first in-person congress in Kigali in 2024 and the recent 2025 virtual congress, we plan to bring you a varied and compelling academic program, an unmissable trade exhibition and hands-on surgical skills wetlabs.

Above all, you will have an opportunity to meet eye care professionals from across the African continent and beyond. New friendships will be formed, old friendships strengthened, and with these the possibilities of closer collaboration within Africa on patient care and research.

The congress will be held at the CTICC, one the world's premier international convention centres. It is in the heart of the City of Cape Town, a short walk from the spectacular harbour and waterfront and a short drive from Cape Town International airport. Numerous hotels in the area will accommodate every need and budget.

I hope that you will take some extra time to explore Cape Town, which in 2025 was voted best city in the world by the Time Out Global Survey and The Telegraph Travel Awards and Readers' Favourite City in Africa and the Middle East by Travel & Leisures' readers. Cape Town, and South Africa more broadly, offers natural beauty, wildlife, cultural diversity, food & wine that is unsurpassed, together with some of the most friendly and welcoming people on the planet.

As the congress chairperson and AOC vice-president for Southern African, I hope to welcome each one of you in person and offer you an opportunity and experience of a lifetime.

With warmest regards

Dr Andrew Boliter  
Congress Chair & Vice-president for AOC Southern Africa Region



# INVITATION FROM THE AOC PRESIDENT

Esteemed members of the African and global eye care community,

It is a distinct honour welcome you to the Scientific Congress of African Ophthalmology Council in 2026 (AOC2026), hosted in the vibrant city of Cape Town, South Africa, in collaboration with the Ophthalmological Society of South Africa (OSSA).

Our journey to this moment has been defined by unyielding progress and collective resilience. Following the immense success of AOC 2024 in Kigali, which set a new benchmark for in-person collaboration, and the critical global reach achieved by AOC Virtual 2025, the AOC has established itself as the premier platform for advancing eye health science across our continent. We arrive in Cape Town on a wave of powerful momentum, ready to build upon these achievements.

This Congress, however, carries a significance that transcends even our recent successes. Many of you will recall the deep disappointment when our plans to host WOC 2020 in this beautiful city were curtailed by the global pandemic and subsequent organizational challenges. That setback tested our resolve. Our return to Cape Town in 2026 is, therefore, a triumphant statement—a powerful symbol that the African scientific spirit, once delayed, cannot be denied. We are here to fulfil that promise of five years ago. And we are stronger, bolder and more prepared this time.

The AOC 2026 is meticulously designed to support our shared vision of eliminating avoidable blindness. Under the theme, Ophthalmology from Cape to Cairo - Unifying. Innovating. Defining Standards. The AOC2026 Program outlines a comprehensive scientific agenda for all cadres of eye care—including ophthalmic nurses, optometrists, residents, fellows, and senior consultants. The sessions, workshops, and courses are curated to ensure that every professional finds practical, evidence-based, and culturally relevant knowledge to immediately elevate service delivery in their home countries.

Our sincere gratitude goes to OSSA for their outstanding partnership and commitment to creating a world-class educational experience.

We invite you to immerse yourselves in this program, engage with the leaders, and contribute to the scientific discourse that will

shape the next generation of African eye care. The future of sight is in our hands, and in Cape Town, we gather to make that future

brighter than ever before.

Kind regards

Prof Ciku Mathenge, President of the African Ophthalmology Congress (AOC)  
AOC president



# VENUE

## AOC 2026 will take place at the Cape Town International Convention Centre.

With its breath-taking scenery, immense cultural and natural heritage, and world-class conferencing and hotel facilities, Cape Town is one of the world's most sought-after travel destinations. Known as the Mother City, this busy cosmopolitan hub, located in the Western Cape, is becoming increasingly celebrated on the conference and convention scene, both locally and internationally.

The Cape Town International Convention Centre is in the heart of the city. The convention centre has it all: it is accessible and highly accommodating and provides flexible facilities that will meet the needs of delegates, sponsors and exhibitors.

[www.cticc.co.za](http://www.cticc.co.za)

## Important dates

|                                        |                            |
|----------------------------------------|----------------------------|
| Deadline for submission of abstracts:  | Expired - 30 November 2025 |
| Online registration open:              | Since Jan 2026             |
| Acceptance of abstracts:               | 28 Feb 2026                |
| Programme on congress website:         | 30 March 2026              |
| Deadline for early bird registrations: | 30 April 2026              |





# ENQUIRIES

## Organisational & administrative aspects Exhibitions & sponsorships

**Heyns du Preez**      Organising, Sponsorships & exhibitions  
**Dimpho Nthuping**      Registration

**WhatsApp:**            +27 82 611 7635  
**Tel.:**                    +27 82 611 7635  
**E-mail:**                admin@plan2join.com  
**Website:**             [www.aocafrika.org/aoc-2026-congress](http://www.aocafrika.org/aoc-2026-congress)

## AOC matters and membership

Please click [here](#) to apply for AOC membership.

Secretariat  
Heyns du Preez  
WhatsApp: + 27 65 540 4852  
Tel.: + 27 65 540 4852  
E-mail: [secretariat@aocafrika.org](mailto:secretariat@aocafrika.org)  
Website: [www.aocafrika.org](http://www.aocafrika.org)

Address:  
44b Humphry Simes  
Pentagon Park  
Bloemfontein  
9301  
South Africa

# LOCAL ORGANISING COMMITTEE

Only for enquiries relating to the contents of the different academic programmes

## Congress Chair

Dr Andrew Boliter

Tel: +2782 448 4678

E-mail: [andrew@eyecentre.co.za](mailto:andrew@eyecentre.co.za)

## Ophthalmology programme

Dr Nombuso Mathe

Tel: +44 7491 436948

E-mail: [mathen1@ukzn.ac.za](mailto:mathen1@ukzn.ac.za)

## Young Ophthalmologists

Dr Anesu Madikane

Tel: +27 72 155 4500

E-mail: [anesu.mut@gmail.com](mailto:anesu.mut@gmail.com)

## Treasurer

Dr Chris Gouws

Tel: +27 83 450 5438

E-mail: [chrisgouws@shisas.com](mailto:chrisgouws@shisas.com)



## AOC BOARD

### **President**

Prof Ciku Mathenge

### **Secretary General**

Dr Ibrahim Matende

### **AOC Founder**

Dr Kunle Hassan

### **Treasurer**

Prof Feyi Adepoju

### **Executive Secretary**

Mr Heyns du Preez

### **Vice President – Northern Africa:**

Dr Michael Mikhail

### **Vice President – Eastern Africa:**

Dr Abeba Tekle Giorgis

### **Vice President – Western Africa:**

Dr Ogugua Okonkwo

### **Vice President – Southern Africa:**

Dr Andrew Boliter

### **Young Ophthalmologist representative:**

Dr Anesu Madikane

### **Vice President – Central Region:**

Dr Theodat Manga

# WET LABS

The wetlabs will run parallel to academic sessions. Cost: Free of charge for ophthalmologists / trainees in ophthalmology registered for the congress. 1-2 slots per person across the congress. Limited spaces available.

4 types of wetlabs available:

## Envision Phaco Wetlab:

Description:

nvision Glaucoma Wetlab:

Description:

Envision Glaucoma Wetlab:

Description:

Obris & Alcon Phaco development Wetlab:

Description:

Helpmesee Simulation Wetlab:

Description:

The final schedule of the wet labs will be available closer to the event.

|                        | FRIDAY                                          | SATURDAY                                        | SUNDAY                                          |
|------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| <b>MORNING SLOTS</b>   | Envision Phaco WL                               | Envision Phaco WL                               | Envision Glaucoma WL                            |
|                        | Obris & Alcon Phaco development WL & Simulation | Obris & Alcon Phaco development WL & Simulation | Obris & Alcon Phaco development WL & Simulation |
|                        | Helpmesee Simulation WL                         | Helpmesee Simulation WL                         | Helpmesee Simulation WL                         |
| <b>AFTERNOON SLOTS</b> | Envision Phaco WL                               | Envision Phaco / Glaucoma WL                    | Envision Phaco / Glaucoma WL                    |
|                        | Obris & Alcon Phaco development WL & Simulation | Obris & Alcon Phaco development WL & Simulation | Obris & Alcon Phaco development WL & Simulation |
|                        | Helpmesee Simulation WL                         | Helpmesee Simulation WL                         | Helpmesee Simulation WL                         |



# SIMULATION TRAINING COURSES AT UCT

The Community Eye Health Institute is offering two simulation training courses with preference for AOC congress delegates:

- Phaco simulation (2 days) 28<sup>th</sup> and 29<sup>th</sup> July 2026 (English).
- MSICS simulation (3 days) 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> August 2026 (Portuguese).

Courses are held at the Community Eye Health Institute offices at the University of Cape Town.

Please see the link below for details, costs and application forms

<https://sites.google.com/view/sostraining/home>

## Academic programme

The full academic programme will be on the congress website by 30 April 2026.

Click here to view the programme page. [www.aocafrika.org/2026-congress-programme/](http://www.aocafrika.org/2026-congress-programme/)



## FUNCTIONS

**Friday, 31 July 2026, 18:00**

### **Welcoming function**

**Venue:** Exhibition Hall 1, CTICC

**Dress:** Casual

**Cost:** Free of charge for all registered delegates (full congress) and **R370??** for additional guests

**Saturday, 1 Aug 2026, 19:00**

### **AOC Dinner (Limited seating)**

**Venue:** CTICC, BR West

**Dress:** Black tie / Day suit / Traditional

**Cost:** 30USD / R500?? for all delegates and additional guests

**You are personally responsible for full payment of these fees if your institution or company does not pay them.**

# REGISTRATION

## Registration procedure

- To assist the organisers, delegates are requested to register online BEFORE 30 April 2026 in order to qualify for the early bird registration fee.
- You are still welcome to register after this date at a higher fee.
- It is your responsibility to ensure that the organisers have received your registration form. You will receive a personalised confirmation by e-mail from the organisers within 10 working days.
- Registrations for the congress can only be finalised once full payment has been received.
- All speakers are required to register.

|        |                                                                                                                                                                                                                                              |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Step 1 | Registrations will open during November 2025<br>Click <a href="http://www.aocafrika.org/registrationaoc2026">here</a> to register ONLINE<br><a href="http://www.aocafrika.org/registrationaoc2026">www.aocafrika.org/registrationaoc2026</a> |
| Step 2 | E-MAIL proof of payment<br>(if applicable) to admin@aocafrika.org                                                                                                                                                                            |
| Step 3 | 3 Ensure that you receive a confirmation via e-mail from the organisers within 10 working days.                                                                                                                                              |

## Important request to companies sponsoring delegates:

An online registration form must please be completed by / for all sponsored delegates individually. When completing this form online, please provide the delegate(s) personal e-mail address(es) and other contact information with the online submission.

## PAYMENT OPTIONS

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>PREFERRED METHOD OF PAYMENT:</b></p> <p>EFT / bank deposit</p> <p>First National Bank (Preller Plein)</p> <p>Branch code: 230234</p> <p>Account number: 6313 938 4430</p> <p>Swift code: FIRNZAJJ (for international transfers)</p> <p>Account name: African Ophthalmology Council NPC</p> <p>Reference: Your name and surname as they appear on the registration form.</p> <p>Please e-mail proof of payment to <a href="mailto:admin@aocafrika.org">admin@aocafrika.org</a></p> | <p>Registrations has been open since November 2025</p> <p>Click <a href="#">here</a> to register ONLINE.</p> <p><a href="http://www.aocafrika.org/registrationaoc2026/">www.aocafrika.org/registrationaoc2026/</a></p> |
| <p><b>FOR INTERNATIONAL PAYMENTS:</b></p> <p>Swift code: FIRNZAJJ (for international transfers)</p> <p>Account name: African Ophthalmology Council NPC</p> <p>Reference: Your name and surname as they appear on the registration form.</p> <p>Please e-mail proof of payment to <a href="mailto:admin@aocafrika.org">admin@aocafrika.org</a></p>                                                                                                                                       | <p>An electronic payment link will be sent to everyone who has registered for secure online payment.</p>                                                                                                               |

**This account number is not the same as the 2024 Congress account number, it is the same account where membership fees are also collected.**

# FEE ENTITLEMENTS

Included in congress registration fee

- Congress sessions for specific days as indicated in the programme for all groups
- Two-day programmes for the allied delegates (optometrists, assistants, nurses, practice managers & administrators)
- Trade exhibition, lunches & refreshments during breaks
- Welcoming function (if registered for the full congress)

Excluded from congress registration fee (to be booked at an additional fee)

- Wetlabs
- AOC Dinner

## Cancellation policy

Notice of cancellation must be received in writing.

The congress organisers shall be entitled to levy a cancellation fee as indicated below:

- Up until 90 days prior to the first day of the event: 10% of the registration fee
- Between 89 and 30 days prior to the first day of the event: 50% of the registration fee
- Within 30 days of the first day of the event: 100% of the registration fee



# REGISTRATION FEES IN UNITED STATES DOLLAR (USD)

| USD Amounts                                                                                                                                                                                      | EARLY BIRD<br>Register AND pay<br>UNTIL 30 April 2026 |               | STANDARD FEE US DOLLAR<br>Register AND pay<br>FROM 1 May 2026 |               | LATE FEE US DOLLAR<br>Register AND pay<br>FROM 21 March 2026 |               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|---------------|---------------------------------------------------------------|---------------|--------------------------------------------------------------|---------------|
| 15% VAT Included                                                                                                                                                                                 | Entire duration                                       | Specific days | Entire duration                                               | Specific days | Entire duration                                              | Specific days |
| <b>MEMBERS</b> (Please refer to “Membership” below )                                                                                                                                             |                                                       |               |                                                               |               |                                                              |               |
| Members - Ophthalmologists from Africa                                                                                                                                                           | 300 USD                                               | 120 USD /d    | 350 USD/0                                                     | 140 USD /d    | 385 USD                                                      | 154 USD /d    |
| Members - Ophthalmologists International                                                                                                                                                         | 430 USD                                               | 172 USD /d    | 480 USD                                                       | 192 USD /d    | 528 USD                                                      | 212 USD /d    |
| Members - Allied Health                                                                                                                                                                          | 210 USD                                               | 84 USD /d     | 260 USD                                                       | 104 USD /d    | 286 USD                                                      | 115 USD /d    |
| Members - Trainees (Registrars, fellows & other)                                                                                                                                                 | 180 USD                                               | 72 USD/d      | 230 USD                                                       | 92 USD /d     | 253 USD                                                      | 102 USD /d    |
| <b>NON-MEMBERS</b>                                                                                                                                                                               |                                                       |               |                                                               |               |                                                              |               |
| Non-members - Ophthalmologists from Africa                                                                                                                                                       | 380 USD                                               | 152 USD /d    | 430 USD                                                       | 172 USD /d    | 473 USD                                                      | 189 USD /d    |
| Non-members - Ophthalmologists International                                                                                                                                                     | 530 USD                                               | 212 USD /d    | 580 USD                                                       | 232 USD /d    | 638 USD                                                      | 256 USD/d     |
| Non-members - Allied Health                                                                                                                                                                      | 250 USD                                               | 100 USD /d    | 300 USD                                                       | 120 USD /d    | 330 USD                                                      | 132 USD /d    |
| Trainees (Registrars, fellows & other)                                                                                                                                                           | 180 USD                                               | 72 USD /d     | 230 USD                                                       | 92 USD /d     | 253 USD                                                      | 101 USD /d    |
| <b>ADDITIONAL TRADE DELEGATES</b> (More than the 2 free delegates per stand)                                                                                                                     | 320 USD                                               | 120 USD /d    | 350 USD                                                       | 140 USD /d    | 385 USD                                                      | 154 USD /d    |
| Please note that <b>ONLY</b> trade delegates / representatives in the service of companies participating in the trade exhibition OR involved as sponsors will be allowed to attend the congress. |                                                       |               |                                                               |               |                                                              |               |

## Registration fees in South African Rand (ZAR)

| Rand Amounts (convert 1USD to 17.15 ZAR)                                                                                                                                                  | EARLY BIRD<br>Register AND pay<br>UNTIL 27 Nov 2025 |               | STANDARD FEE US DOLLAR<br>Register AND pay<br>FROM 28 Nov 2026 |               | LATE FEE US DOLLAR<br>Register AND pay<br>FROM 21 March 2026 |               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|---------------|----------------------------------------------------------------|---------------|--------------------------------------------------------------|---------------|
| 15% VAT Included                                                                                                                                                                          | Entire duration                                     | Specific days | Entire duration                                                | Specific days | Entire duration                                              | Specific days |
| <b>MEMBERS (Please refer to “Membership” below )</b>                                                                                                                                      |                                                     |               |                                                                |               |                                                              |               |
| Members - Ophthalmologists from Africa                                                                                                                                                    | R5145                                               | R2 058 /d     | R6 001                                                         | R2 401 /d     | R6 603                                                       | R2 641 /d     |
| Members - Ophthalmologists International                                                                                                                                                  | R7375                                               | R2 950 /d     | R8 232                                                         | R3 293 /d     | R9 055                                                       | R3636 /d      |
| Members - Allied Health                                                                                                                                                                   | R3602                                               | R1 441 /d     | R4 459                                                         | R1 784 /d     | R4 905                                                       | R1749 /d      |
| Members - Trainees (Registrars, fellows & other)                                                                                                                                          | R3 087                                              | R1 235 /d     | R3 945                                                         | R1 578 /d     | R4 339                                                       | R1923 /d      |
| <b>NON-MEMBERS</b>                                                                                                                                                                        |                                                     |               |                                                                |               |                                                              |               |
| Non-members - Ophthalmologists from Africa                                                                                                                                                | R6 517                                              | R2 608 /d     | R7 375                                                         | R2 950 /d     | R8 112                                                       | R3 241 /d     |
| Non-members - Ophthalmologists International                                                                                                                                              | R9 090                                              | R3 636 /d     | R9 947                                                         | R3 979 /d     | R10 942                                                      | R4 390 /d     |
| Non-members - Allied Health                                                                                                                                                               | R4 288                                              | R1 715 /d     | R5 145                                                         | R2 058 /d     | R5 660                                                       | R2 264 /d     |
| Trainees (Registrars, fellows & other)                                                                                                                                                    | R3 087                                              | R1 235 /d     | R3 945                                                         | R1 578 /d     | R4 339                                                       | R1 732 /d     |
| <b>ADDITIONAL TRADE DELEGATES (More than the 2 free delegates per stand)</b>                                                                                                              | R5 488                                              | R2 058 /d     | R 6 003                                                        | R2 401 /d     | R6 603                                                       | R2 641 /d     |
| Please note that ONLY trade delegates / representatives in the service of companies participating in the trade exhibition OR involved as sponsors will be allowed to attend the congress. |                                                     |               |                                                                |               |                                                              |               |



# Membership

- AOC member: Delegate who is a member of AOC whose latest membership invoice has been paid and updated on the AOC membership website. [www.aocafrika.org](http://www.aocafrika.org)
- Non-member: Delegate who is not a registered member of AOC or a member whose latest membership invoice has not been paid and updated on the AOC website platform.
- If you register as a member and your latest membership fee is outstanding, the registrations manager will correct your registration amount and charge you accordingly.
- Should you wish to become a member of AOC, please apply online: [aocafrika.org/membership](http://aocafrika.org/membership)

## Accommodation arrangements

***You are responsible for your own accommodation arrangements and payment. We urge you to book now!***

- These rooms will be reserved for congress delegates until April 2026 and will be available on a first-come, first serve-basis.
- Rates include breakfast & 15% VAT but exclude incidental expenses & 1% tourism levy.
- Rates are subject to change without prior notice.
- Check-in time: 14:00 (An early check-in, if required, may be requested and will be prioritised. This is, however, not guaranteed.)
- Check-out time: 11:00
- The accommodation establishment's cancellation policy will apply.
- All travellers are requested to please travel with a copy of his or her identification document or passport as the accommodation establishments are mandated to obtain a copy of this.

## The Westin Cape Town TBC

|                                    |                                                                            |
|------------------------------------|----------------------------------------------------------------------------|
| <b><u>Distance from CTICC:</u></b> | Opposite the CTICC (Direct connection with the CTICC)                      |
| <b>Star grading:</b>               | 5 Star                                                                     |
| <b>Rates:</b>                      | <b>Single: R4 650 TBC</b>                                                  |
|                                    | <b>Double: R5 050 - for both guests TBC</b>                                |
| <b>Wi-Fi:</b>                      | Free                                                                       |
| <b>Parking:</b>                    | R100 per day                                                               |
| <b>Website:</b>                    | <a href="#">Click here to visit the website</a>                            |
| <b>Tel:</b>                        | 021 412 9999                                                               |
| <b>E-mail:</b>                     | <a href="mailto:Lauren.L.Wright@westin.com">Lauren.L.Wright@westin.com</a> |
| <b>How to make a reservation:</b>  | <a href="#">Please click here to book your room</a>                        |
| <b>Contact person:</b>             | Lauren Wright                                                              |
| <b>Reservation number:</b>         | 2845340                                                                    |

## Southern Sun - The Cullinan TBC

|                                    |                                                                                    |
|------------------------------------|------------------------------------------------------------------------------------|
| <b><u>Distance from CTICC:</u></b> | Opposite the CTICC (250m)                                                          |
| <b>Star grading:</b>               | 4 Star                                                                             |
| <b>Rates:</b>                      | <b>Single: R3 350 TBC</b>                                                          |
|                                    | <b>Double: R3 600 - for both guests TBC</b>                                        |
| <b>Wi-Fi:</b>                      | Free                                                                               |
| <b>Parking:</b>                    | R60.00 per vehicle per night                                                       |
| <b>Website:</b>                    | <a href="#">Click here to visit the website</a>                                    |
| <b>Tel:</b>                        | 021 492 0404                                                                       |
| <b>E-mail:</b>                     | <a href="mailto:Ibtisaam.Brown@southernsun.com">Ibtisaam.Brown@southernsun.com</a> |
| <b>How to make a reservation:</b>  | <a href="#">Please click here to book your room TBC</a>                            |
| <b>Contact person:</b>             | Ibtisaam Brown                                                                     |
| <b>Reservation number:</b>         | 4926531                                                                            |

## Southern Sun - Waterfront Cape Town TBC

|                                    |                                                                                    |
|------------------------------------|------------------------------------------------------------------------------------|
| <b><u>Distance from CTICC:</u></b> | 850m                                                                               |
| <b>Star grading:</b>               | 4 Star                                                                             |
| <b>Rates:</b>                      | <b>Single: R2 950 TBC</b>                                                          |
|                                    | <b>Double: R3 200 - for both guests TBC</b>                                        |
| <b>Wi-Fi:</b>                      | Free                                                                               |
| <b>Parking:</b>                    | R60.00 per vehicle per night                                                       |
| <b>Website:</b>                    | <a href="#">Click here to visit the website</a>                                    |
| <b>Tel:</b>                        | 021 492 0404                                                                       |
| <b>E-mail:</b>                     | <a href="mailto:Ibtisaam.Brown@southernsun.com">Ibtisaam.Brown@southernsun.com</a> |
| <b>How to make a reservation:</b>  | <a href="#">Please click here to book your room TBC</a>                            |
|                                    | Alternatively contact reservations                                                 |
| <b>Contact person:</b>             | Ibtisaam Brown                                                                     |
| <b>Reservation number:</b>         | 4926531                                                                            |

## Hotel Sky Cape Town

|                                    |                                                                                                |
|------------------------------------|------------------------------------------------------------------------------------------------|
| <b><u>Distance from CTICC:</u></b> | Opposite the CTICC (30m)                                                                       |
| <b>Star grading:</b>               | 4 Star                                                                                         |
| <b>Rates:</b>                      | <b>Single: R1 495</b> (about 83 USD)                                                           |
|                                    | <b>Double: R1 695</b> (about 94 USD)                                                           |
| <b>Wi-Fi:</b>                      | Free                                                                                           |
| <b>Parking:</b>                    | Complimentary on a first come first park basis                                                 |
| <b>Website:</b>                    | <a href="#">Click here to visit the website</a>                                                |
| <b>Tel:</b>                        | 021 879 5040                                                                                   |
| <b>E-mail:</b>                     | <a href="mailto:reservations.capetwon@hotelsky.co.za">reservations.capetwon@hotelsky.co.za</a> |
| <b>How to make a reservation:</b>  | <a href="#">Please click here to book your room</a>                                            |
| <b>Contact person:</b>             | Reservations department                                                                        |
| <b>Distance from CTICC:</b>        | Opposite the CTICC (30m)                                                                       |
| <b>Star grading:</b>               | 4 Star                                                                                         |

# Travel arrangements

- YOU ARE RESPONSIBLE FOR YOUR OWN TRAVEL ARRANGEMENTS.
- Please note that there will be no shuttle service between any of the above-mentioned hotels and the CTICC.
- There will not be a shuttle service provided from the Cape Town International Airport to the CTICC. We would like to recommend that you make use of Uber or of one of the other shuttle services.

# PRIZES AND AWARDS

## **BEST TRAINEE ORAL PRESENTATION**

### **AOC Registrar (Trainee in Ophthalmology)**

A session will be held during the congress for the presentation of oral papers by Registrars.

The presenter of the best oral presentation will be awarded the Best Trainee Presentation Registrar Award and will be awarded a cash prize of 1200 USD.

## **BEST POSTER PRESENTATION**

### **AOC Registrar (Trainee in Ophthalmology)**

A poster session will be held during the Saturday lunch break in the exhibition hall for the adjudication of posters by Registrars.

The presenter of the best poster presentation will be awarded the Best Poster Presentation Registrar Award and will be awarded a cash prize of 1200 USD.

## **BEST ALLIED ORAL PRESENTATION**

The presenter of the best oral presentation will be awarded the Best Allied Oral Presentation Registrar Award and will be awarded a cash prize of 1200 USD.

Arrangements:

The scientific committee will appoint adjudicators to evaluate these presentations and cash prizes will be issued to the winners at the gala dinner on Saturday evening.

# GENERAL INFORMATION

## Annual General Meetings

Saturday, 1 August 2026

AOC Council Meeting 16:00 TBC

AOC AGM 17:00 TBC

## Continuing Professional Development (CPD) points

The Congress will be accredited by the Health Professions Council of South Africa and registered for CPD points.

## Language

The official language of the Congress will be English. No simultaneous translation into any other language will be provided.

## Currency

ZAR South African Rand.

## Climate

Average temperatures: 16 – 22o C. A light jacket is essential for the evenings.

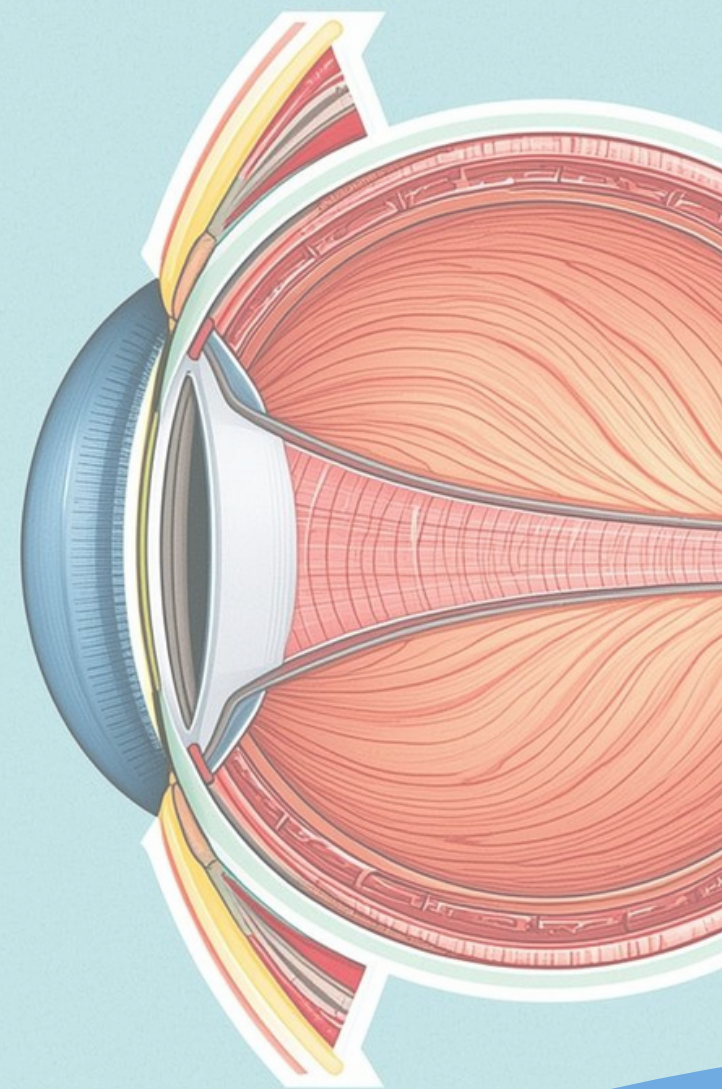
## Electricity

The electricity supply in South Africa is 220 / 230 volts, AC 50 Hz.

If you are visiting from another country and would like to know if you will need an adapter, please follow this link to get the answer <https://world-power-plugs.com/south-africa>

## Insurance

The Congress organisers cannot accept any liability for personal injuries sustained, or for loss of, or damage to, property belonging to Congress participants (or their accompanying persons), either during, or as a result of, the Congress. Please check the validity of your own insurance.



# GENERAL INFORMATION

## Visas

It is strongly recommended that all travellers check the latest visa requirements with the nearest South African Embassy or Consulate before travelling. For the link [click here](#) or [click here](#).

The **passports** of all travellers entering South Africa must contain at least two clean (unstamped) visa pages each time entry is sought.

Travellers entering South Africa from countries where yellow fever is endemic are often required to present their yellow World Health Organisation (WHO) vaccination record or other proof of inoculation. If they are unable to do so, they must be inoculated at the airport to be permitted entry.

It is of outmost importance to start the process at least 12-16 weeks (3 months) before your intended travel date. Delays are common due to high volumes of applications and backlogs.

There are two main ways to apply for a South African Visa, the first is applying directly at the South African Embassy in your country, take a look at the [South African mission](#) for clear instructions.

The second option is to start your Visa application through the [VFS Global](#) Website. South Africa has outsourced its Visa application and biometric collection to VFS Global in most African countries. Simply go onto the VFS website, select "South Africa" as your destination, and then select your country of residence. This country-specific VFS site will have the exact checklist, fee structure, and application procedures.

## Necessary Requirements

- Your passport must still be valid for a minimum of 30 days after the intended end of your visit, and the Passport must have 2 blank side-by-side pages (not endorsement pages). This is a strict rule.
- You must have two recent, identical colour passport-sized photographs
- Proof of flight reservations: You must show proof of an onward and return flight ticket reservation. Do not pay for the final ticket until the visa is granted, but a reserved booking is mandatory. Avoid reserving a one-way ticket, always show a return booking.
- Proof of Accommodation: Detailed itinerary with confirmed hotel bookings for every night of your stay.
- Certified bank statements for the last 3-6 months.
- Proof of employment/studies: A formal letter from your employer on company letterhead stating your position, salary, date of employment, and that you have been granted leave for the specific travel dates. Include recent pay slips. If a student, you will need an official letter from your university confirming your enrolment and permission to be absent.
- Yellow Fever Vaccination Certificate: Mandatory for travellers from countries with a risk of yellow fever transmission. You will be asked for it upon arrival in SA, and your visa may be contingent on having it.

Visa Fee: Pay the non-refundable processing fee as required by VFS or the South African Embassy.

# GENERAL INFORMATION

## The Visa Application Process

Download and complete the online form. Some VFS centres require you to complete parts of the form online before booking an appointment, fill it out completely, truthfully, and legibly without leaving any blanks. Once your documents are ready then only you can book your appointment online through the VFS or in person at the SA Embassy. It is important to note that appointment slots can fill up weeks in advance- therefore, plan accordingly. The documents gathered will be submitted during this appointment, and you will also provide your biometric data (fingerprints and photograph).

## Special Considerations

Your application must prove: the purpose of your visit is indeed genuine tourism, you have sufficient funds to cover your stay and that you will return to your home country before the visa expires

1. **Demonstrating Strong Ties to your Home Country:** The visa officer needs to be convinced you will not overstay; therefore proof of employment, property ownership, family dependants left behind, and financial assets in your home country are all crucial evidence.
2. **Clear Itinerary:** A vague itinerary is a red flag. Have a detailed day-by-day plan with confirmed bookings.
3. **Travel History:** A passport with visas from other countries is very advantageous. If this is your first international trip, be extra thorough in proving your ties to home.

## Special dietary requirements

Halaal & vegetarian: Please indicate your requirements on the registration form.

Kosher meals & other dietary preferences: Please contact the organisers in this regard.

## Time zone

South Africa is GMT + 2 hours.

# TOURISM AND ACTIVITIES

<https://www.capetown.travel/>

**1) Table Mountain via Cable Car:** The non-negotiable Cape Town experience. The rotating cable car which offers 360-degree view during the ascent, is a short ride from the city centre. This view provides a breathtaking geographic orientation of the entire peninsula. At the top, you can walk the pathways for unparalleled views of the city, Atlantic Ocean, and surrounding peaks. The travel Time by Uber from the CTICC is 15 minutes and costs around R120 (7 USD) each way.

It is important to pre-book Cableway tickets on the official Table Mountain Website as it allows you to skip the main ticket queue and proceed to the shorter "Online Ticket" line: <https://www.tablemountain.net/>

**2) Kirstenbosch National Botanical Garden:** Located on the eastern slopes of Table Mountain in the suburb of Newlands (a 20-minute Uber from the city). It's a serene and beautiful place to stroll amongst unique indigenous flora. The Boomslang treetop canopy walkway is a highlight. Ideal for a peaceful morning walk.

**3) V&A Waterfront:** Cape Town's bustling harbour area with hundreds of shops, restaurants, live music, and markets. It's the departure point for Robben Island ferries and many other boat trips. The Zeitz MOCAA, a stunning contemporary art museum housed in a repurposed grain silo, is a world-class attraction here.

**4) Robben Island:** The departure point is Nelson Mandela Gateway, at the V&A Waterfront, which is an 8-minute walk from the CTICC. The tour is a 3–4-hour experience, including the ferry time. Upon arrival, visitors board buses for a guided tour of the island, including the limestone quarry, the village where staff lived, and the key viewpoints. However, the most powerful part is the tour of the Maximum-Security Prison, led by ex-political prisoners who provide a first-hand account of the island's history. This offers an unparalleled level of authenticity and gravitas. The standard price for adults is approximately R700 (37 USD). For information, visit the official website: <https://www.robben-island.org.za/>

**5) Zeitz MOCAA:** The Zeitz Museum of Contemporary Art Africa is not just a museum; it is an architectural landmark and a world-class institution dedicated to contemporary art from Africa and its Diaspora. The cathedral-like central atrium is the museum's masterpiece. British architect Thomas Heatherwick and his team carved the intricate tubular shapes out of the silo's concrete structure. The pricing for adults is approximately R250 (13 USD) and is situated at the Waterfront mall, an easy 8-minute walk from the CTICC. Book your ticket online:

<https://zeitzmocaa.museum>

**6) Constantia Valley:** is South Africa's oldest wine region with beautiful estates like Groot Constantia, Beau Constantia, and Klein Constantia. While a wine region, it is within the Cape Town metropolitan area, a 25-minute Uber from the city. It offers a pristine, green escape. Wine tasting & Lunch: Estates like Groot Constantia (historical), Buitenverwachting (excellent restaurant) or Steenberg farm (modern and choc) offer world-class wine tasting and gourmet lunches in stunning setting. The wine tasting fee varies per estate, browse the website for more information: <https://constantiavalley.com/wine/>

